



December Area Service Committee Minutes January 4, 2026

Call To Order @

Meeting open by Sean F (Facilitator)

Reading of service prayer, traditions and concepts.

Roll Call

Executive Body	Servants	Here / Absent
Facilitator – Interim	Sean F	H
Co-facilitator	Toby	H
Recorder	Tasha	H
Co-recorder	Dillion	H
Treasurer	Sydney	H
Assistant Treasurer	Joey	H
RCMI	Ceci	H
RCMII	OPEN	
<u>Subcommittees</u>		
Activities	Tracy	H
Common Welfare	Leann	H
H&I	Tomas	H
Literature Bank	Katherine	H
Assistant Literature Bank	Liz	H
Policy	OPEN	
Public Relations	OPEN	

Groups	Attendance
1. Another Chance	
2. Breakfast Club	
3. Choices	CLOSED
4. Clean and Free	1



5. Clean House	
6. Courage to Change	1
7. Desencadenados	1
8. Eastside	1
9. El Nuevo Camino	
10. Far Out	1
11. Freedom Group	
12. Here and Now	1
13. Hill Country	1
14. Just for Today	
15. Just for Tonight	
16. Manor Meeting Makers	
17. Men at Work	1
18. Miracles and Solutions	1
19. More Will Be Revealed	
20. Never Alone	
21. New Beginnings	1
22. New Hope	
23. New Way of Living	1
24. Non-Fiction Addiction	1
25. Our Gift	1
26. Out and About	1
27. Primary Purpose	1
28. Regeneration X	1
29. Right Stuff	
30. Searching and Fearless Women	
31. Serenity First	
32. Serenity the NA Way	1
33. South Austin Recovery	1
34. Spiritual Mechanics	1
35. Spiritual Seekers	1



36. Stay N Change	
37. The Twelve Steps to Freedom	1
38. Tuesday at Last	1
39. Twisted Sisters	1
40. We Can	1
41. Willingness to Try	
42. Young, Clean, and Free	1
43. Get Lit	1

Groups Active in Area: 45

Groups Present: 26

Number of groups for a consensus: 18

Last Month Minutes Approved 2:19pm

I. OPEN FORUM

Daniel: GSR for Primary Purpose - Asks how groups can obtain venmo. Will contact Todd.

II. ADMINISTRATIVE BODY REPORTS

● Facilitator – Sean F:

I hope everyone has had a good holiday season. There is not much to report for this month. I did attend the subcommittee meetings. I was able to facilitate the Public Relations subcommittee, and the meeting went well. I did hear from someone that they made an announcement at a meeting they attended about our area needing trusted servants for admin and subcommittee positions. That someone had another member walk up to them and ask what was needed for some positions. That member was excited to help out, for they had more time on their hands and wanted to be of service to the area. So, you never know when the announcements will hit the right person. Please keep announcing what positions



are open within the area at any meeting you attend, unless I beat you to the announcement.

Conduct During Area Service Committee Meetings:

To ensure a productive and respectful environment during CTANA Area Service Committee (ASC) meetings, please observe the following principles outlined in Section Two of the CTANA Area Service Policy:

- Mutual respect is the expected standard of conduct throughout the ASC meeting.

Essential Concepts for Meeting Conduct;

- Remarks must be focused on clarifying and understanding the proposal at hand.
- Do not repeat points that have already been discussed regarding the proposal.
- The Facilitator will close discussion on proposals when appropriate.
- It is not permitted to attack another member's motives.
- If you wish to speak, please raise your hand and wait for recognition from the Facilitator.
- Do not speak negatively about ideas that are not currently being considered.
- Refrain from arguing against your own ideas.
- If the Facilitator interrupts, you must yield to the floor immediately.
- Interruptions or disturbances to the body are not allowed.
- With consensus, the Facilitator may set a time limit for discussion on specific subjects.

Report Concluded at 2:17pm

- **Co-Facilitator – Toby:**

I'm pleased to attend my first meeting as co-facilitator. Unfortunately, I couldn't make it to the subcommittee meetings in December, but I plan to join them in January. Additionally, in mid-December, we removed Joey as treasurer and added Tasha and Sydney to the bank account. This is a brief first report, and I'm looking forward to a productive meeting.

Report concluded at 2:23pm

- **Recorder – Tasha:**
 - Please speak clearly during the group reports
 - Name and last initial
 - Group Name
 - Last month's meeting minutes Consensus

Report concluded at 2:24pm

- **Treasurer - Sydney:**



CHECK BOOK RECONCILIATION:

Chase ending balance per **bank statement as of 12/31/25** is 10,186.46

PER Bank ONLINE:

PayPal Balance as of 12/31/25 is
0.00

PER Statement ONLINE:

Of the \$10,186.46 **reconciled** ending **balance**, \$1,750.00 is **set aside** for prudent **reserve and \$602.07** remaining funds **left over after literature orde** form H&I book **drive**. The **available amount** to spend in the Chase account is 7834.39

TOTAL RECEIPTS FOR THE MONTH OF NOVEMBER 25 - 9699.91

CASH 7th Tradition -
643.55

Pay Pal 7th Tradition -
929.97

Lit Bank -
1171.96

Area 7th Tradition -
40.68

Book Drive CC Donation -
4,030.51

Book Drive Cash Donation -
2,372.00

Activities Return Funds -
481.24

H&I T-Shirt **Sales** -
30.00

TOTAL EXPENSES FOR THE MONTH OF November 25 - 8941.31

Extra Space **Storage** - 171.00

RFATX Sep/Oct Rent - 200.00

NAWS Lit Order (H&I function) -



5925.44

NAWS Lit Order -

2197.41

CK 4596 - 350.00 (outstanding rent for holiday function)

CK 4600 -97.46 (meeting schedules)

As **noted by** Joey last month, \$198.43 **was deposited** from **Paypal** to Chase on **12/1** from November donations which **is not reflected** in December's **paypal** statement, **however** it is shown in November's deposit's in transit.

The only receipt **that** is unaccounted **for** in this report is the 350.00 for Our Savior **Lutheran** for **the** Holiday Function.

Questions and comments – NONE -

Report concluded at 2:26pm

- **RCM 1 – Ceci:**

The next Regional Service Committee (RSC) for the Texas Bluebonnet Region of NA (TBRNA) will be on Feb 14th 9am-5pm on zoom. Here's the link:

<https://us06web.zoom.us/j/9945589344?pwd=ndVn99JHeqCCAYzTQbVtKoFEO3PK9m.1&omn=89653814761>

Meeting ID: 994 558 9344

Passcode: tbrna

TBRNA is navigating some major financial struggles, so any donations are appreciated. There are several open positions in the region: co-recorder, policy chair, and treasurer. Please come to the

next RSC if you're interested in serving in any of those roles. Here's a link to the regional policy to review the requirements for those positions: <https://tbrna.org/file-types/policy>

There are a couple of quick surveys up from NA World Services (NAWS) to help guide decision making decisions about what changes need to be prioritized. Individuals or groups can respond to the



survey. Topics include how to support members going through drug replacement/medication assisted therapy (DR/MAT), using gender-neutral and inclusive language in NA readings and literature, choosing which literature/pamphlets to update or make, etc. Follow this link and click on 'current surveys': <https://na.org/naws-projects-and-surveys/>

Subcommittee Updates:

The Adopt an Inmate program and Sponsorship Behind the Walls are fantastic ways to make recovery accessible for those who are currently incarcerated. Please learn more here:

<https://tbrna.org/adopt-an-inmate> and email sponsorship@tbrna.org if you're interested in sponsoring an inmate.

Texas Bluebonnet Regional Convention (TBRCNA) needs nominations for 2027 facilitator, co-facilitator, and treasurer. TBRCNA 2027 will be Feb. 12-14th at the Doubletree Hilton hotel here in Austin, so participation from CTANA would be especially handy. Please attend the next RSC if you're interested in serving in any of those roles. Here's the website to register:

<https://tbrna.org/> and the link to regional policy to review the requirements for those positions:

<https://tbrna.org/file-types/policy>

Anyone interested in improving public relations (PR) or fellowship development skills are invited to attend the regional PR subcommittee meeting and reach out to Patsy at

natxservicegirl86@gmail.com to get her guidance on how to better support struggling meetings.

Texas (NATX) would appreciate it if folks would fill out the survey on the NATX website:

<https://natexas.org/>

Events:

Esperanza area yearly convention January 15th-18th 2026. Please register and book rooms.

Details here: <https://eacnasa.org/>

TBRCNA March 6-8th 2026 in San Antonio. Please register and book rooms. Details here:



<https://tbrdna.org/>

Southeast Texas area yearly convention in Beaumont April 10-12th 2026. Please register and book rooms. Details here: <https://setacna.org/>

Action items:

Our area is signed up for the TBRCNA hospitality time slot on March 7th 2025 4-7pm. Our area will need to provide food and drinks.

We will need to bring:

- Cold & hot food storage containers
- Chafing dishes, croc pots etc.
- Serving utensils
- Food
- Drinks

We don't need to bring:

- Coffee
- Bottled water
- Plastic cutlery
- Napkins
- Paper plates
- Cups

Lastly, I'd welcome anyone interested in getting involved in regional service to volunteer to serve

as RCMII!

Question and Comments:

Toby - Did we approve a budget for the Area TBRCNA hospitality? Answer: Not Yet. States will be available to help.

Ceci - There is no Refrigerator for food to be stored. Adds there is no clean time required to help.



Facilitator Sean - will send out an email with more information later.

Report concluded at 2:35pm

- **RCM 2 – OPEN**

NONE - OPEN position, please find the requirements for this position in the Area Policy.

Report Concluded at 2:36pm

- **Policy - OPEN**

NONE - OPEN position, please find the requirements for this position in the Area Policy.

Report Concluded at 2:36pm

- **Literature Bank – Katherine:**

Monthly Report:

- Beginning Inventory:
 - \$3,716.70 (2025 Pricing)
 - \$4,260.73 (2026 Pricing)
 - Delta between the inventory valuation calculated in December 2025 and January 2026 is %544.03 or 14.64%
 - NAWS price increase artificially inflates inventory valuation
- Please announce that the Area Literature Co-Facilitator position will be open at the beginning of the new year.
- Please pay by Money Order, or Cash under \$25 (Exact change).
- Lit Bank opens before Area begins (typically around 1:30 pm), and runs through the opening half of Area.
- Once Lit Bank is done processing all the orders, and turns money over to the Treasurer, Lit Bank is then closed - in order for Inventory may be taken.
- If you have not received your order by the end of Area please come pick up your filled order at the literature.
- Our goal is to simplify Lit Bank operations, therefore 70+% of the work will be carried out on the day of Area.
 - We will only fill orders first half of Area
 - We will typically process the NAWS order on the day of Area (or within a reasonable time frame).
 - Inventory will be conducted during Area (once money is turned over to the Treasurer).



- We will not be accepting emergency orders. Any orders which are not in before close of Area will have to wait till the next Area meeting.

When ordering literature, please go to the CTANA.org website and go to “Downloads” at the top right hand of your screen. Then scroll down to “Service Area Group” files and choose “CTANA literature order form”. When you are done filling out your order, please send it to literature@ctana.org. If you need help with ordering, get with us during Area, or email us. Our email is at the bottom of this form.

NAWS ORDER:

NET order	\$1,909.75
Shipping	\$160
Less Discount	\$124.13
TOTAL	\$1,945.62

Request from area.

*H&I Order (do not need right way)
Thanks for letting me be of service.

Lit Chair Katherine T e-mail:
literature@ctana.org

Questions and comments:

Robert - Would like one of the documents for the new Literature pricing.

Tod - Curious to know if the current Area inventory will be sold at the new 2026 Pricing?

Katherine - We will be charging 2026 pricing for the inventory that we have currently and going forward.

Report Concluded at 2:49pm

➤ **Subcommittee Reports**

● **Activities – Tracy B:**

The last activities subcommittee meeting was held December 28, 2025. technically speaking in my mind this was last year, so we are transitioning. At that time, I was also serving as fellowship development, in which I wrote a report for the PR/FD sub committee. I am growing and learning through this process, and I appreciate your patience and awareness in supporting these roles.

I loosely held a meeting of the activities subcommittee, as we weren't sure if the 2025 activities facilitator was going to close it out. We, approx 5 addicts, reviewed the CTANA policy on the



CTANA website, which has six annual activities that are the responsibility of the activities subcommittee.

The Policy is as follows:

1. CTANA spring campout (end of March)
2. Recovery Awareness (Sept)
3. CTANA Anniversary (June)
4. Learning Day (can be combined with other CTANA events)
5. Unity Day (Sept)
6. Holiday Function (Dec)

There isn't really much planned before the CTANA spring camp is out, so I propose a walking meet up at Lake Pflugerville for Sunday, January 11. This would not require any reimbursement. It's just a walking meet up to fellowship while getting some outdoor activities and to build camaraderie and support for the future events.

In the spirit of the 12 concepts, I ask the CTANA body today if you would like me to facilitate this activity meetup on Jan 11, which is next Sunday. If so, I have a flyer to send to the ctana webmaster so this gets on the calendar. Please announce at meetings.

Questions and comments: - NONE -

Report Concluded at 2:40pm

- **Common Welfare – Leanne:**

The Common Welfare Subcommittee met and discussed what content we plan to post in the CTANA Newsletter this upcoming year. If anyone has a topic that they would like us to research for future articles; we are open to suggestions.

The subcommittee is changing our meeting time to the Monday after subcommittee Sunday. We meet on Zoom from 6pm -7pm and we invite you to attend. The Webmaster has been notified so the change will be reflected on the CTANA calendar.

Common Welfare is looking forward to serving the Area in 2026.

Questions and comments:

Toby - Do we have any brochures?

Leanne - Will bring the rest of the brochures to the next Area.

Tracy - Tuesday at last - What do we do if they do not want to come to us?



Leanne - They can email CW@CTANA.ORG

Report Concluded at 2:43pm

- **H&I – Tomas:**

This is my first report as H&I facilitator. We have 10 facilities that carry the NA message too. We recently have dropped Sage Recovery due to the clients not interested in NA and prefer occupying themselves in other ways during our time slot.

We are asking for a reimbursement check for \$97.46 for meeting schedules and a check for \$211.08 for H&I cabinets that are there at RFATX?

It can be one check or two separate checks. Our literature order is a total of \$5,925.44 for 224 soft cover & 216 hardcover basic texts. We still have positions open such as a co-facilitator. We filled the recorder position and literature coordinator.

The H & I subcommittee Regional meeting usually meets the last Sunday of the month @ 7pm. CTANA H&I subcommittee meeting info : every last sunday of every month at 3:30pm and new orientation @ 3pm.

We orientated 10 members. Once we went through orientation we realized there were people who did not have 6 months clean time. I want to make it clear that you can not be orientated or a part of H&I in any way you have to have 6 months clean. You can not sit on a panel otherwise.

Currently the Co-Facilitator position is open. Position information can be found in the H&I Policy.

Questions and comments:

Patrick - Needs Key to Storage Unit.

Sean - Will get ahold of Patrick after the meeting to provide the key. Tony C, Ann Marie M, and I currently have keys to the Area Storage Unit.

Report Concluded at 2:56pm

- **Public Relations – Sean:**

Sean Fo facilitated and conducted the PR Subcommittee meeting.

Webmaster Report - Geo:

Stephanie will continue as Webmaster but still email webmaster@CTANA.org for issues. I am pleased to report to the ASC that we have completed our transition from our old help line, serviced by Phone.Com, to the new service, YAP (Yet Another Phonenumber), provided to us by the



same group of NA members who have provided our meeting list and meeting lookup services for many years. The only cost we will incur will be a minimal charge for the help line number (\$1.15/mo) and actual usage charges which are expected to average around \$5/mo to \$8/mo based on actual usage for November. Phone.Com billing has been around \$35/mo for some time.

We have been using the new help line for several months; calls to 512-480-0004 (our traditional help line) have been forwarded from Phone.Com to YAP. Those calls are now going directly to YAP, bypassing Phone.Com. At the last ASC, I reported that we were experiencing significant issues moving the actual number to YAP, however those issues have been resolved and our help line number will stay the same in YAP.

The Toll Free number, 866-792-8262, has been abandoned in order to make the best use of our resources, as previously discussed with the ASC. Until our current billing cycle ends on December 17th, callers will receive a forwarding message asking them to call the 512-480-0004 number. I feel that is a better option than continuing to forward it to YAP and then have it just stop working on the 17th with no notice in case members are still using it. Note that we have been incurring charges ranging from \$0.19 to \$0.95 per minute for each call made through the 800 number, as well as a charge to have the number in service.

All web site references to the toll free number have been removed.

For those who are interested, the forwarding message is:

Thank you for calling the Central Texas Area of Narcotics Anonymous. This number is no longer in service. To reach our help line, please call 512-480-0004. Again, that number is 512-480-0004. We look forward to speaking with you soon.

Now that the 512 number has been transferred to YAP, we are working to resolve regulatory issues to allow us to enable SMS (text messaging) for the YAP service, which will allow us to provide even more modern services to our callers. Current services include:

- Connection to live help line volunteers in both English and Spanish
- A flexible scheduling system that allows our coordinator to assign hours based on volunteer availability rather than fixed time slots
- Ability to leave voice mail which will be sent to the Phone Line coordinator and can be forwarded by him as needed.
- Ability for callers to look up and receive schedule and location info for nearby meetings. Soon, request and receive that information via text message.
- Integration with our Meeting Database. When the Webmaster updates meeting information, the same data available to the website is used by YAP.
- Ability to hear the Just For Today or Spiritual Principle For The Day.
- Reports and Analytic Tools to help the Coordinator better manage the help line.



- Better ability to back up volunteer information and schedules to respond to system failures.

Phone line - Tony C.:

Great news!! I now get alerted via email when a caller leaves a voice message. I am able to listen to messages and call them back.

All shifts have at least 2 volunteers covering.

Missed calls have gone up

I have asked on the CTANA Facebook page for PHONELINE VOLUNTEERS, Flexible hours. I can place them anywhere they are available.

Phone.com issue is officially cancelled.

Always can use volunteers for Helpline for English & Spanish. Please announce at your meetings.

Fellowship Development - Tracey B.:

Thank you for allowing me to serve as fellowship development for 2025. This month I supported the h&i book drive with a variety of things, including presence and donations on December 4th. Then attended the Anniversary celebration that was thriving at Another Chance in Killeen.

I also spoke at the holiday function in marble falls, which I am so grateful for the peace and serenity I felt with that group and hope to go back and express how welcoming these Addicts made me feel. also grateful to the Addicts that brought all the food and snacks for those meetings and the marathon meetings on Christmas day at RFATX.

I am looking forward to more activities and fellowship development in 2026 and had an idea for January to coordinate/facilitate a walk/hike or just gather around Lake Pflugerville for any Addict that wants to participate in some outdoor activities. More will be revealed.

I created an inventory of positions that are either open/closed in this area with clean team requirements on a poster board that is being stored at RFATX currently. Thank you.

Newsletter - Lou:

At this time, the newsletter has one personal story and the Step one article submitted. We have started a Traditions section with the new year, and have a member writing on Tradition 1. The January cover has been designed and the rest of the January newsletter is being constructed.

Common Welfare has changed the title of their page to "Our Common Welfare" and has submitted a new writing to be included in the January Newsletter.

At this time, we have three members who have committed to write on the reflections topic for this month, which is "A relapse, if we survive it, may provide the charge for the demolition process. A relapse and sometimes subsequent death of someone else close to us can do the job of awakening us to the necessity for vigorous personal action"

Basic Text Chapter 7, page 78 Recovery and Relapse



The newsletter is beginning to look for steps, traditions, and personal stories articles in advance, so we don't have to search for those each month and can get the newsletter published in a more timely fashion.

Questions and comments – None -
Report Concluded at 3:15pm

➤ **Welcome New GSR's**

New GSR's:

Billy B. (M&S), Dev W. (Young Clean and Free), Jack S. (Courage to Change), Dominique W. (We Can)

Group Reports:

Miracles & Solutions - GSR Billy B: report in email

We Can - GSR Robert C: Meet every Thursday at 7:30pm. Ring the bell and they will open the door. Announce to groups that they need support.

Non-Fiction Addiction - GSR's Cleto M and Dylan S: Group meets every Monday and Thursday from 8:00pm to 9:00pm. Currently they have 2 recovery centers that go to the meetings.

Tuesday at Last - GSR Diane L: Need more Home Group members. Meets on Tuesdays at 7pm.

Twelve Steps of Freedom - GSR Ryan S: Their timeframe online is wrong. Meets on Saturdays from 7:30p-8:45p. Geo fixed during the meeting.

Last Chance Group - GSR Daniel: They may be shutting down due to low attendance - Meets at 6:30p on Wednesday.

Our Gift - GSR Michael: Donating \$24.00 to Area and buying \$60.60 in literature. Located at: 1700 county rd 305 in Jarrell, TX. They meet Thursday night from 7:00 pm to 8:00 pm. They have good coffee. There's a big white cross in front close to the street and a lighted cross on the front of the church.

Searching and Fearless Women - GSR Amy D: Donation to the Area is \$41.89. Currently meets every Sunday at 11:00 AM CDT, zoom ID: 303 345 8657, pw: 12345.

Far Out Group - GSR Irene S: Group Meets every Monday from 7:00pm to 8:00pm. Location: 300 Crystal Falls Pkwy, Leander, TX 78641.



Old Business-

None

New Business –

Sam B with info on the Texas State Convention - Will send a flyer to the webmaster to have it added to the Outside events calendar. We are currently in need of main speakers and workshop speakers. We are also looking for donations and groups that are willing to hold events to help raise funds for the event. tscna.org is the website where you can register, buy meal tickets, submit speakers, and donate money. If you need any more information please reach out to me either by email or phone.

Proposals -

Vivian - propose to send the Texas State Convention \$1,000. We have a second from Tracey B.

Sean - Asked Treasure if we have the money to donate.

Sydney - Yes we currently have \$7,000 not including prudent reserves.

Ceci - Donation we plan to send to Region is \$712.11.

Robert - Find out how much they actually need for the Convention.

Sean - Asks Robert if they need any money? They said they owe \$6,000 currently for everything and plan to make money from the money they get from registration and meal ticket sales.

Dylan - Ask if we know how much y'all made last year?

Robert - Is not on the committee so he does not know.

Todd - Can speak for the Texas State Convention, they usually get money from donations and usually have a return on money from. Suggests to spread the word to help bring more people to the event.

Tracy - Says that online it shows anyone can be a member for that Area.

Sean - There is a proposal to send the Texas State Convention \$1,000. Ask if we have consensus. Ok we have consensus. Asking Sam how we send the money.

Sam - Says to fill out a check to the Texas State Convention and he will deposit it in the bank.

Elections and Nominations:

Reminder all position information is available online at CTANA.ORG - under downloads - Area Policy



Facilitator: Sean asks if anyone wants to volunteer? Sean is currently standing in till we get someone who wants to volunteer.

Policy: No Volunteers

RCMII: No Volunteers

Public Relations: Fabianne D raised her name to volunteer. Toby reads the Position description that is in the Policy. Qualified herself with: Service Positions served, clean date, current HG is Get Lit.

Conversations:

Sean - Does anyone have questions.

Robert - Where do you stay now?

Fabianne D - Near Killien

Tracey - Can you attend all Subcommittee and Area Meetings?

Fabianne D - Has a lot of free time and does have transportation.

There was consensus on Fabianne D being the PR Facilitator at 3:52pm.

Next ASC will be the first Sunday of the month, Feb 1st, 2026.

Meeting concluded at 3:54pm