



## Area Service Committee Minutes February 1st, 2026

### Call To Order @

Meeting open by Sean F (Facilitator)

Reading of service prayer, traditions and concepts.

### Roll Call

Executive Body	Servants	Here / Absent
Facilitator – Interim	Sean F	H
Co-facilitator	Toby	A with notice
Recorder	Tasha	H
Co-recorder	Dylan	H
Treasurer	Sydney	H
Assistant Treasurer	Joey	H
RCMI	Ceci	H
RCMII	OPEN	
<b>Subcommittees</b>		
Activities	Tracy	H
Common Welfare	Leann	H
H&I	Tomas	H
Literature Bank	Katherine	H
Assistant Literature Bank	Liz	H
Policy	OPEN	
Public Relations	Fabianne D	H

#	Group	Attendance
<b>1</b>	<b>Another Chance</b>	N
<b>2</b>	<b>Breakfast Club</b>	N
<b>3</b>	<b>Choices</b>	N
<b>4</b>	<b>Clean and Free</b>	Y



5	Clean House	N
6	Courage to Change	N
7	DesencadeNAdos	N
8	Eastside	Y
9	El Nuevo Camino	N
10	Far Out	Y
11	Freedom Group	N
12	Get Lit	Y
13	Here and Now	Y
14	Hill Country	Y
15	Just for Today	Y
16	Just for Tonight	N
17	Manor Meeting Makers	Y
18	Men at Work	N
19	Miracles and Solutions	Y
20	More Will Be Revealed	Y
21	Never Alone	N
22	New Beginnings	Y
23	New Hope	N
24	New Way of Living	Y
25	Non-Fiction Addiction	Y
26	Our Gift	Y
27	Out and about	N
28	Primary Purpose	Y
29	Regeneration X	N
30	Right Stuff	Y
31	Searching and Fearless Women	Y
32	Serenity First	N
33	Serenity the NA Way	Y
34	South Austin Recovery	N
35	Spiritual Mechanics	Y
36	Spiritual Seekers	Y
37	Stay N Change	N
38	The Twelve Steps to Freedom	Y
39	Tuesday at Last	Y
40	Twisted Sisters	Y



41	We Can	Y
42	Willingness To Try	Y
43	Young, Clean, and Free	Y

**Groups Active in Area: 43**

**Groups Present: 26**

**Number of groups for a consensus: 21**

**Last Month Minutes Approved 2:19pm**

**I. OPEN FORUM**

- None -

**II. ADMINISTRATIVE BODY REPORTS**

● **Facilitator – Sean F:**

There isn't a whole lot to report for this month. I hope January has treated you all well. I was able to make the Esperanza area convention and that area is killing it! I know we are the best area, ha-ha. I will be attending the subcommittee meetings and being a part of. So, to everyone, let's be a part of each other!

**Conduct During Area Service Committee Meetings:**

To ensure a productive and respectful environment during CTANA Area Service Committee (ASC) meetings, please observe the following principles outlined in Section Two of the CTANA Area Service Policy, mutual respect is the expected standard of conduct throughout the ASC meeting.

**Essential Concepts for Meeting Conduct:**

- Remarks must be focused on clarifying and understanding the proposal at hand.
- Do not repeat points that have already been discussed regarding the proposal.
- The Facilitator will close discussion on proposals when appropriate.
- It is not permitted to attack another member's motives.
- If you wish to speak, please raise your hand and wait for recognition from the Facilitator.
- Do not speak negatively about ideas that are not currently being considered.
- Refrain from arguing against your own ideas.
- If the Facilitator interrupts, you must yield to the floor immediately.
- Interruptions or disturbances to the body are not allowed.
- With consensus, the Facilitator may set a time limit for discussion on specific subjects.



**Report Concluded at 2:15pm**

- **Co-Facilitator – Toby:**

Absent with Notice

**Report concluded at: N/A**

- **Recorder – Tasha:**

- Please speak clearly during the group reports
  - Name and last initial
  - Group Name
- Last month's meeting minutes Consensus

**Report concluded at 2:25pm**

- **Treasurer - Sydney:**

CHECK BOOK RECONCILIATION:

Chase ending balance per bank statement as of 1/30/26 is \$9,935.14

**(PER BANK ONLINE)**

PayPal Balance as of 01/31/26 is: \$0.00

**(PER STATEMENT ONLINE)**

Of the \$9,935.14 reconciled ending balance, \$1,750.00 is set aside for prudent reserve and \$602.07 remaining funds left over after literature order form H&I book drive. The available amount to spend in the Chase account is \$7,448.07.

**TOTAL RECEIPTS FOR THE MONTH OF January 26: \$2,198.16**

CASH 7th Tradition - \$424.00

PayPal 7th Tradition - \$608.34

Lit Bank - \$1,085.82

Area 7th Tradition - \$30.00

ASL Contribution - \$70.00

**TOTAL EXPENSES FOR THE MONTH OF January 26: \$2,449.40**

Extra Space Storage - \$171.00

Extra Space Storage - \$171.00 (double charge)

RFATX Nov Rent - \$100.00



Quarterly Lit Sales Tax - \$258.09  
Stat Counter Jan - \$9.00  
Stat Counter Feb - \$9.00  
CK 4801 - \$142.85 (reimbursement for stamps for H&I)  
CK 4602 - \$280.00 (ASL interpreter)  
CK 46083 - \$211.08 (reimbursement for H&I storage locker)  
CK 4604 - \$97.46 (reimbursement for meeting schedules)  
CK 4605 - \$1,000.00 (texas state convention donation)

All went pretty smooth for this month's reconciliation. There is 1 paypal donation that is not reflected on the bank statement of 95.00 which will show up next month. It does look like we were double charged for storage space this month which | did let Sean know. | do not have receipts for the stat counter, those showed up twice this month but likely are for this month and next based on charged dates. | did have to renew the UPS mailbox for 6 months. They increased the cost by \$30 and this will show up on next month's bank statement.

**Questions and comments – NONE -  
Report concluded at 2:26pm**

- **RCM 1 – Ceci:**

The next Regional Service Committee (RSC) for the Texas Bluebonnet Region of NA (TBRNA) will be on Feb 14th 9am-5pm on zoom.

**Here's the link:**

<https://us06web.zoom.us/j/9945589344?pwd=ndVn99JHeqCCAYzTQbVtKoFEO3PK9m.1&omn=89653814761>

Meeting ID: 994 558 9344

Passcode: tbrna

TBRNA is navigating some major financial struggles, so any donations are appreciated. There are several open positions in the region: co-recorder, policy chair, and treasurer. Please come to the next RSC if you're interested in serving in any of those roles. Here's a link to the regional policy to review the requirements for those positions: <https://tbrna.org/file-types/policy>  
There are a couple of quick surveys up from NA World Services (NAWS) to help guide decision making decisions about what changes need to be prioritized. Individuals or groups can respond to the survey. Topics include how to support members going through drug replacement/medication assisted therapy (DR/MAT), using gender-neutral and inclusive language in NA readings and literature, choosing which literature/pamphlets to update or make, etc.



Follow this link and click on 'current surveys': <https://na.org/naws-projects-and-surveys/>

**Subcommittee Updates:**

The Adopt an Inmate program and Sponsorship Behind the Walls are fantastic ways to make recovery accessible for those who are currently incarcerated.

**Please learn more here:**

<https://tbrna.org/adopt-an-inmate> and email [sponsorship@tbrna.org](mailto:sponsorship@tbrna.org) if you're interested in sponsoring an inmate.

**Texas Bluebonnet Regional Convention (TBRCNA) needs nominations for 2027** facilitator, co-facilitator, and treasurer. TBRCNA 2027 will be Feb. 12-14th at the Doubletree Hilton hotel here in Austin, so participation from CTANA would be especially handy.

Please attend the next RSC if you're interested in serving in any of those roles.

**Website to register:**

<https://tbrna.org/>

**The link to regional policy to review the requirements for those positions:**

<https://tbrna.org/file-types/policy>

Anyone interested in improving public relations (PR) or fellowship development skills are invited to attend the regional PR subcommittee meeting and reach out to Patsy at [natxservicegirl86@gmail.com](mailto:natxservicegirl86@gmail.com) to get her guidance on how to better support struggling meetings.

**Texas (NATX) would appreciate it if folks would fill out the survey on the NATX website:**

<https://natexas.org/>



### **Events:**

Esperanza area yearly convention January 15th-18th 2026. Please register and book rooms.  
Details here: <https://eacnasa.org/>

TBRCNA March 6-8th 2026 in San Antonio.  
Please register and book rooms: <https://tbcna.org/>

Southeast Texas area yearly convention in Beaumont April 10-12th 2026.  
Please register and book rooms here: <https://setacna.org/>

### **Action items:**

Our area is signed up for the TBRCNA hospitality time slot on March 7th 2025 4-7pm. Our area will need to provide food and drinks.

### **We will need to bring:**

- Cold & hot food storage containers
- Chafing dishes, croc pots etc.
- Serving utensils
- Food
- Drinks

### **We don't need to bring:**

- Coffee
- Bottled water
- Plastic cutlery
- Napkins
- Paper plates
- Cups

Lastly, I'd welcome anyone interested in getting involved in regional service to volunteer to serve as RCMII!

**Report concluded at 2:35pm**



- **RCM 2 – OPEN**

NONE - OPEN position, please find the requirements for this position in the Area Policy.

**Report Concluded at 2:36pm**

- **Policy - OPEN**

NONE - OPEN position, please find the requirements for this position in the Area Policy.

**Report Concluded at 2:36pm**

- **Literature Bank – Katherine:**

**Monthly Report:**

- Beginning Inventory: \$3,550.60
  - All pricing regarding Literature Bank reflects the 2026 NAWS price change
  - Literature Bank is fully restocked and all backorders will be filled
  - Printed meeting schedule leaflets
  - Multiple groups, multiple requests
  - LitBank only has ability to distribute, rather than order and/or print
  - Please announce that the Area Literature Co-Facilitator position will be open at the beginning of the new year.
  - Please pay by Money Order, or Cash under \$25 (Exact change).
  - Lit Bank opens before Area begins (typically around 1:30 pm), and runs through the opening half of Area.
  - Once Lit Bank is done processing all the orders, and turns money over to the Treasurer, Lit Bank is then closed - in order for Inventory may be taken.
  - If you have not received your order by the end of Area please come pick up your filled order at the literature.
  - Our goal is to simplify Lit Bank operations, therefore 70+% of the work will be carried out on the day of Area.
  - We will only fill orders first half of Area
  - We will typically process the NAWS order on the day of Area (or within a reasonable time frame).
  - Inventory will be conducted during Area (once money is turned over to the Treasurer).
  - We will not be accepting emergency orders. Any orders which are not in before close of

Area will have to wait till the next Area meeting.

**When ordering literature, please go to the [CTANA.org](http://CTANA.org) website and go to “Downloads” at the top right hand of your screen. Then scroll down to “Service Area Group” files and choose**



“CTANA literature order form”. When you are done filling out your order, please send it to [literature@ctana.org](mailto:literature@ctana.org). If you need help with ordering, get with us during Area, or email us. Our email is at the bottom of this form.

**NAWS ORDER:**

NET order 1,053.65

Shipping \$195

Less Discount \$68.49

TOTAL \$1,080.16

Request from area.

Lit Chair Katherine T and Liz M.

e-mail: [literature@ctana.org](mailto:literature@ctana.org)

**Questions and comments:** - None -

**Report Concluded at 2:49pm**

➤ **Subcommittee Reports**

● **Activities – Tracy B:**

January 2026 has kicked off with a bang of activities and fellowship. We had a meet-up at Lake Pflugerville on January 11 with approximately 10 addicts in attendance and afterwards we went for some food and fellowship.

On January 25, the Austin area experienced widespread freezing, but the Subcommittee Sundays for Activities and PR met on Zoom.

We are currently working on a BakeOff with speakers at RFATX on February 14 Valentine's Day from 1- to 5 PM. We have some speakers already lined up: Tracie & Mike A, Cleto M and More to be Revealed...

I know we have a lot of Wonderful Bakers in CTANA, and I have Faith they will show up with Fabulous Food made with unconditional love. They have been feeding us for years, and I am forever grateful. I hope to see you at the bake off!

Thanks to Lou for making our flyer. 🙏 thanks to all the trusted servants supporting us to do this. You are awesome! thanks to higher powers for keeping us safe & protected to have clean fun, food, & fellowship!



**Questions and comments: - NONE -  
Report Concluded at 2:40pm**

- **Common Welfare – Leanne:**

This month, we discussed the "My Safety, Our Responsibility" pamphlets and were encouraged by the interest from the groups. I have these pamphlets available today and will gladly distribute them, five at a time. Additional copies are available at no cost through the literature bank.

Regarding our focus for 2026, the subcommittee originally planned to provide monthly newsletter articles and offer educational presentations to groups upon request. Due to changes in the newsletter schedule, we are exploring additional projects. In addition to providing articles on Common Welfare topics, we are discussing the possibility of hosting a small Common Welfare–focused gathering at RFATX featuring speakers, snacks and opportunities for connection. More information on this project will be forthcoming.

Just a reminder, the Common Welfare Subcommittee now meets on the last Monday of the month from 6:00 - 7:00 p.m. on Zoom. This change was made to better support consistent participation. Thank you for allowing me to be of service.

**Questions and comments: - None -  
Report Concluded at 2:43pm**

- **H&I – Tomas:**

Moving into January we have 10 Facilities that we are carrying the message into. Our facility coordinators are doing a great job fulfilling their commitments and obligations. We only missed one facility presentation due to icy road conditions on Sunday 1/25 and the facility was notified with proper timing.

We would love for more participation from orientated members to be regularly involved in H & I service in all of the facilities. We have a list of facilities with time and address and even a map that is available on the CTANA website for those opportunities to be of service.

The last subcommittee meeting was held on 1/25 and virtually participated due to the icy weather and road conditions. We had 3 new orientees via virtual on the same day.

We also have received our H & I literature cabinet that will help our literature position out greatly. Thank you CTANA for that reimbursement.

The H & I subcommittee body still has an open position for a Co- facilitator and the position's information can be found in the H & I policy which is available on the [ctana.org](http://ctana.org) website.



We as a subcommittee will start approving some new H & I policy and orientation packet revisions moving forward as a collective in our in-person gatherings every last Sunday of the month.

As the facilitator I have started attending a regional virtual meeting for H & I facilitators on every last Sunday of every month as well.

There has been discussion on putting on the next regional H & I learning day and it was brought to both the Central Texas Area and Esperanza Area to both bring back 2 bids each for a location that would host the event. The region asked that a kitchen please be available at the location.

I was also asked if Central Texas Area H & I had received the region's \$150.00 donation for the holiday book drive. I did not have the answer to that question. So, I am wondering if the CTA received a donation of \$150.00 from the Region for the H & I book drive?

There are Many ways to give back and I have found great fulfillment in recovery while carrying the Narcotics Anonymous message of HOPE to these facilities for addicts that do not realize they are addicts, they do not have the ability to get to outside meetings or do not know that there is a WAY OUT of a life of drug addiction.

We show up and share a NA presentation, we share the HOPE of a NEW way to live through our personal recovery experiences in the NA program that have brought us Freedom from active addiction.

If you are interested in getting involved in H & I service, you can come to our next subcommittee meeting Feb. 22nd 2026. You are needed and could find your NA service niche.

6 months clean time is a bare minimum requirement to go into our facilities. We highly encourage & don't let that stop you from coming and joining us and listen and learn at all the opportunities that are available in H & I service. So, when 6 months clean time is achieved. You are ready to get involved.

That concludes my report and I am thankful and grateful to be of service to this area and to narcotics anonymous. It's a gratifying feeling to give back to our life saving / life changing program of recovery.

We meet Every Last Sunday of the month 3:30-4:30pm, orientation starts @ 3pm and can be scheduled beforehand via email [hi@ctana.org](mailto:hi@ctana.org).

**Questions and comments: - NONE -**

**Report Concluded at 2:56pm**

- **Public Relations – Fabianne D:**

The first public relations subcommittee meeting of 2026 took place on January 25, 2026. I have not been able to access the Public Relations handbook at this time through the website and sent an email to advise the Webmaster of this.



I appreciate the guidance of the committee facilitators that were present. This is truly a representation of what we can do together.

Public Relations is recognizing Last Chance group as the group of the month for February. You will find a flyer on the CTANA calendar please share with your home groups.

**Activities:** Tracy B planned an event for February 14, 2026 at the RATX group from 1pm -5pm. The flyer is on the calendar @[CTANA.org](https://ctana.org)

**Web Servant report:** Please remind attendees at ASC to submit all website requests by email to [webmaster@ctana.org](mailto:webmaster@ctana.org).

Please remind attendees at ASC to submit all trusted servant changes and email address contact info changes to [recorder@ctana.org](mailto:recorder@ctana.org).

Here is a summary of all our CTANA.org website changes since our December Subcommittee Meeting:

- Removed Alan S. from ASC, H&I Admin Body, and H&I Volunteer email forwarders, per Alan S.
- Added Sydney P. to H&I Volunteer email forwarder, at H&I Orientation.
- Added Lynne G. to H&I Volunteer email forwarder, at H&I Orientation.
- Added Dominique W. to H&I Volunteer email forwarder, at H&I Orientation.
- Added Bryan to H&I Volunteer email forwarder, at H&I Orientation.
- Added Robert S. to H&I Volunteer email forwarder, at H&I Orientation.
- Added Madison C. to H&I Volunteer email forwarder, at H&I Orientation.
- Added Jack to H&I Volunteer email forwarder, at H&I Orientation.
- Added Deva to H&I Volunteer email forwarder, at H&I Orientation.
- Geo and Ron patched BMLT to fix the spelling of "Kontakt" to "Contact" for our meetings list.
- Added Andie F. and Sydney P. email addresses to H&I Admin Body email forwarder, per Tasha C.
- Removed Steph F., Victor F., Bryan H., and Mark T. from H&I Admin Body email forwarder, per Tasha C.
- Removed Tasha C. from H&I email forwarder, per Tasha C.
- Updated Tomas S.'s email address for ASC, H&I, H&I Admin Body, and H&I Volunteer email forwarders, per Tasha C.
- Posted new PDF of CTANA 2026 Literature Order Form, per Katherine.  
<https://ctana.org/downloads/>
- Created new Excel and Google Drive Sheet template of CTANA 2026 Literature Order Form to reflect new prices.  
<https://ctana.org/downloads/>
- Added note to Chisholm Trail meeting that it was not meeting on January 1, per Sandy.  
<https://ctana.org/local-meetings-list/>
- Added note to Hill Country Recovery meeting that it was not meeting on January 1, per Tom C.  
<https://ctana.org/local-meetings-list/>
- Created an Event for Miracles and Solutions New Year's Eve party, per Billy B.  
<https://ctana.org/event/miracles-and-solutions-new-years-eve-party/>



- Removed notes on meetings for Chisholm Trail and Hill Country Recovery that they were not meeting on January 1.  
<https://ctana.org/local-meetings-list/>
- Added Fabianne D. to ASC email forwarder, per Toby T.
- Added Fabianne D., new PR Facilitator, to PR email forwarder, per Tasha C.
- Created an Event and posted the flyer for Texas State Convention, per Sam B.  
  
<https://ctana.org/calendar/>  
<https://ctana.org/event/texas-state-convention-2026/>
- Added Jonas, with Regen X, to ASC email forwarder, per Toby T.
- Added Dominique W., with We Can, to ASC email forwarder, per Toby T.
- Added Deva, with Young, Clean, and Free, to ASC email forwarder, per Toby T.
- Added Billy B., with Miracles and Solutions, to ASC email forwarder, per Toby T.
- Added Jack S., with Courage To Change, to ASC email forwarder, per Toby T.
- Created an event and posted a flyer for Pflugerville Meetup - Fellowship Development activity, per Tracy B.  
<https://ctana.org/event/lake-pflugerville-meetup-at-pier-4/>
- Updated the map location of Pier 4, per Tracy B.  
<https://ctana.org/event/lake-pflugerville-meetup-at-pier-4/>
- Geo created the 2025 ASC Meeting Minutes archive and posted January 2026 Area meeting minutes.  
<https://ctana.org/downloads/>  
<https://ctana.org/download-minutes-2025/>  
<https://ctana.org/wp-content/uploads/CTANA-20260104-Minutes.pdf>
- Geo reported temporary Help Line voice call failures and dialing delays via Twilio for Help Line volunteers that use Verizon, due to their outage on January 14.

**Phoneline Report:** Tony C is the coordinator present provided his report

**Fellowship Development Report:** vacant

**PI Report:** vacant

**Newsletter Report:** Louisa M discussed issues with the newsletter software preventing them from getting newsletter out monthly. They will be sending out the newsletter quarterly. She is creating flyers for the meeting of the month but will not be able to put in the newsletter.

**Questions and comments – None -**

**Report Concluded at 3:15pm**

➤ **Welcome New GSR's**

**New GSR's:**

Toni M. (Non-Fiction Addiction Group), Paige O (Serenity, the NA Way Georgetown), Ember Z (Manor Meeting Makers)



**Group Reports:**

**Far Out Group** - GSR Irene S: Group Meets every Monday from 7:00pm to 8:00pm. Location: 300 Crystal Falls Pkwy, Leander, TX 78641.

**Hear and Now** - GSR Noah: They have ASL at this meeting. There is help at this meeting for Deaf and hard of hearing people.

**Just for Today** - Toni B: All positions are available and they need help!!

**Last Chance Group** - GSR Daniel: They may be shutting down due to low attendance - Meets at 6:30p on Wednesday. Please go out and support this group. They are located in Leander in a big yellow building on top of a hill.

**Miracles & Solutions** - GSR Billy B: 33rd Anniversary admission is currently \$25. Billy has flyers if needed. From 1993 to 2026 they have been carrying the message of Recovery. They are personally inviting you to help us Celebrate 33 Years. Information of Celebration Location: Holiday Inn Austin Midtown, 6000 Middle Fiskville Road, Austin, TX, 78752. Hotel# 512-451-5757, Reserve your room by August 3rd, 2026. \$110.00 Single or Double.

**Non-Fiction Addiction** - GSR's Dylan S & Toni : Group meets every Monday and Thursday from 8:00pm to 9:00pm. Currently they have 2 recovery centers that go to the meetings. Filled 3 open service positions in the month of January

**Our Gift** - GSR Michael: They are Located at: 1700 County RD 305 in Jarrell, TX. They meet Thursday night from 7:00 pm to 8:00 pm. They have good coffee. There's a big white cross in front close to the street and a lighted cross on the front of the church.

**Searching and Fearless Women** - GSR Amy D: Currently meets every Sunday at 11:00 AM CDT, zoom ID: 303 345 8657, pw: 12345.

**Tuesday at Last** - GSR Diane L: Need more Home Group members. Meets on Tuesdays at 7:00pm.

**Twelve Steps of Freedom** - GSR Ryan S: Their timeframe online is wrong. Meets on Saturdays from 7:30p-8:45p. Geo fixed during the meeting.

**We Can** - GSR Robert C: Meet every Thursday at 7:30pm. Ring the bell and they will open the door. Announce to groups that they need support.

**Old Business:**

None

**New Business:**

None



### **Proposals:**

#### **Proposal 1:**

**Anel:** Proposing the Area contribute \$500 to the **Texas Bluebonnet Regional Convention (TBRCNA)** since our Area will be participating.

**Sean:** Asks body, “Do we have consensus”? Ok so we will be donating since we have consensus.

#### **Proposal 2:**

**Richard & Mellissa - Group Willingness to try:** Proposing that Literature Bank increase the amount of cash to \$40 which includes the price of 2 basic texts ( $\$15.65 * 2 = \$31.30 * 8.25\% = \$33.88$ ). Would like this to be a permanent increase to include auto increase if prices change to always include the price of 2 basic texts.

**Sean:** This will be a policy change and we will come to a consensus on this next Area.

**Katherine:** Suggests to have occasionally on a case by case basis for cash orders.

#### **Proposal 3:**

**Ceci:** Proposal to increase our donation to Region by \$500.00 from the \$712.11.

**Fabianne D:** Proposal to increase our donation to Region to a one time amount of \$1,500.00.

**Sean:** Asking to send this back to the groups so we can come back for consensus next Area.

**Tomas:** Proposal to up the donation to Region by \$1,000.00 from \$715.00 to \$1,712.11.

**Sean:** We have consensus on the Proposal to send \$1,000 additional to the Monthly amount of \$712 to Region.

### **Elections and Nominations:**

Reminder all position information is available online at [CTANA.ORG](http://CTANA.ORG) - under downloads - Area Policy.

**Open Positions at the Area:** Area Facilitator (Noone Volunteered it), Policy (Noone Volunteered it), and RCMII (Robert Micheal Volunteered and is now the RCMII).

**[Next ASC will be the first Sunday of the month, March 1st, 2026.](#)**

**[Meeting concluded at 4:12pm](#)**

